

# PORT PERRY COMMUNITY CURLING CLUB

## Assumption of Risk Agreement (To Be Used for Participants Under the Age of Majority)

Name of Participant: \_\_\_\_\_ Age \_\_\_\_\_

### ALL SPORT, INCLUDING CURLING, HAS ITS RISKS

I participate in the sport of curling because it is physically and mentally challenging. In consideration of my participation in curling programs, activities and events, I hereby acknowledge that I am aware of the risks and hazards associated with or related to curling. The risks and hazards of curling include, but are not limited to, injuries relating to:

- Executing strenuous and demanding physical techniques in curling;
- Dryland training including weights, running and massage;
- Strenuous cardiovascular workouts;
- Exerting and stretching various muscle groups;
- Being struck by a broom, brush or curling stone;
- The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- Physical contact with other participants, spectators, equipment and vehicles;
- Running or sliding on the ice surface;
- Falling while delivering the curling stone, skipping or sweeping;
- Falling because of slippery ice, or uneven or irregular surfaces;
- Spinal cord injuries which may render me permanently paralyzed;
- Stepping onto the ice surface from the walkway or onto the walkway from the ice surface;
- Stepping over dividers that divide one sheet of ice from the next;
- Weather conditions which may result in hypothermia;
- Travel to and from competitive events and associated non-competitive events which are an integral part of the organization's activities.

Furthermore, I am aware that:

- Injuries sustained in curling can be severe;
- I may come into close contact with other participants, including the possibility of accidental contact;
- I may experience anxiety while challenging myself during the activities, programs and events;
- My risk of injury is reduced if I follow all rules established for participation; and
- My risk of injury increases as I become fatigued.

### I AGREE TO BE RESPONSIBLE FOR MYSELF

I am participating voluntarily in these activities, events and programs. I agree that there are risks in curling as described above. By participating voluntarily in these events, activities and programs, I am exposed to these risks and hazards. I agree to accept them and be responsible for any injury or other loss which I might receive while participating in these events, activities and programs.

If something happens to me, I release the organizers of responsibility for any claims, demands, actions and costs which might arise out of my participation. In this Agreement I understand "organizers" to mean: Curling Canada, Ontario Curling Association, Port Perry Community Curling Club, their directors, officers, members, employees, coaches, volunteers, officials, participants, clubs, agents, sponsors, owners/operators of the facility, and representatives.

### I ACKNOWLEDGE MAKING THIS AGREEMENT

I have read and understood the terms and conditions of this agreement, and by signing it voluntarily, I am agreeing to abide by these terms.

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Parent or Guardian

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date